



**ANSWER  
CANCER  
FOUNDATION**

Advocacy • Navigation • Support



Helping Men Research Their Options

# ***GETTING THE MOST FROM THE INTERNET***

**RICK DAVIS  
ANSWER CANCER FOUNDATION  
PCRI 2017**

**WITH THANKS TO**





# ANSWER CANCER FOUNDATION

Advocacy • Navigation • Support

<https://www.ancan.org>

<https://www.ancan.org/recorded-calls>

# Intimidated ..... don't be!



## *New World of Information*

- Education/Research
- Blogs
- Interactive



## *Be Smart*

- Selective
- Diligent
- Skeptical



## *Verify Sources*

- Credibility
- Conflict of Interest
- Bias

Richard

My Yahoo Answer Cancer Foundati My Prostate Cancer Road How do I take a screensh

Secure | <https://www.myprostatecancerroadmap.com>

Apps Bookmarks Gmail hotmail My Yahoo English Premier Leagu Xfinity Online Stream Google Maps C2 Workout Inspire Other bookmarks

CUSTOMIZE YOUR ROADMAP SHARE THIS SITE PRINT THIS PAGE SEARCH

# MY PROSTATE CANCER ROADMAP

01 UNDERSTANDING YOUR ROAD

02 CHOOSING YOUR ROAD

03 NAVIGATING YOUR ROAD

VIEWPOINTS FROM THE ROAD

POSTCARDS FROM THE ROAD

THE ROAD TOGETHER

SUBSCRIBE TO OUR NEWSLETTER

<https://www.myprostatecancerroadmap.com/>

<https://www.myprostatecancerroadmap.com/>

*LET'S SLEUTH .....*



## My Prostate Cancer Roadmap

- Great site
- Very helpful .....
- Janssen
- Zytiga/ abiraterone acetate

# *EDUCATION*

## **“Reference Library” - Topics**

- *Medical research*
- *Insurance & financial*
- *Support*
- *Advocacy*

# *EDUCATION / REFERENCE*

## **“Reference Library” - Sites**

- [UsTOO](#)
- [PCRI](#)
- [Prostate Cancer Foundation](#)
- [ZERO](#)
- [Malecare](#)



Richard [min] [max] [close]

Prostate Cancer Treatme [x] Us Too - International Pr [x]

www.ustoo.org

Apps Bookmarks Gmail hotmail My Yahoo English Premier Leag Xfinity Online Stream Google Maps C2 Workout Inspire Other bookmarks

Affected by Prostate Cancer?

**Us TOO**

SUPPORT - EDUCATION - ADVOCACY

Support Us TOO Search

Home US TOO International Prostate Cancer Those Affected Take Action - Get Connected Help Us TOO Help Others Contact Us

OPT IN

**SEA BLUE** 13TH ANNUAL Chicago prostate cancer walk/run

SUPPORT - EDUCATE - ADVOCATE

September 10, 2017 - Chicago, IL

CLICK HERE to Register or Donate at: [www.seablueprostatewalk.org](http://www.seablueprostatewalk.org)

13<sup>th</sup> Annual SEA Blue Chicago Prostate Cancer Walk & Run

Genetics & Genomic Testing

Us TOO Prostate Cancer Clinical Trial Finder

Attend a Community Conversation on Prostate

<http://www.ustoo.org/>



CLICK HERE TO REGISTER FOR THE 2017 PROSTATE CANCER PATIENT CONFERENCE



HOME HELPLINE RESOURCE CENTER PROSTATE PUBLICATIONS 2017 CONFERENCE DONATE

ACTIVE SURVEILLANCE

CLINICAL TRIALS

EDUCATIONAL VIDEOS

INSIGHTS NEWSLETTER

OUR FACILITATORS

PROSTATE IMAGING

RECOMMENDED BOOKS

SUPPORT GROUPS

<http://pcri.org/helpline-resource-center/#helpline-resource-center-home>

# *EDUCATION/RESEARCH*

## **Academic Research & Journal Articles**

- [PubMed](#)
- [Google Scholar](#)

## **Centers of Excellence/ Hospital Sites**

- [NCCN](#)
- [NCI](#)
- [UCSF Urology](#)

Home - PubMed - NCBI x

Secure | <https://www.ncbi.nlm.nih.gov/pubmed/>


Apps Bookmarks Gmail hotmail My Yahoo English Premier League Xfinity Online Stream Google Maps C2 Workout Inspire Other bookmarks

NCBI Resources How To Sign in to NCBI

PubMed.gov  
US National Library of Medicine  
National Institutes of Health

PubMed  Search

Advanced Help



## PubMed

PubMed comprises more than 27 million citations for biomedical literature from MEDLINE, life science journals, and online books. Citations may include links to full-text content from PubMed Central and publisher web sites.

### Using PubMed

- [PubMed Quick Start Guide](#)
- [Full Text Articles](#)
- [PubMed FAQs](#)
- [PubMed Tutorials](#)
- [New and Noteworthy](#)

### PubMed Tools

- [PubMed Mobile](#)
- [Single Citation Matcher](#)
- [Batch Citation Matcher](#)
- [Clinical Queries](#)
- [Topic-Specific Queries](#)

### More Resources

- [MeSH Database](#)
- [Journals in NCBI Databases](#)
- [Clinical Trials](#)
- [E-Utilities \(API\)](#)
- [LinkOut](#)

---

### Latest Literature

New articles from highly accessed journals

Cell (4)

### Trending Articles

PubMed records with recent increases in activity

In Situ Capture of Chromatin Interactions by Biotinylated dCas9.

### PubMed Commons

Featured comments

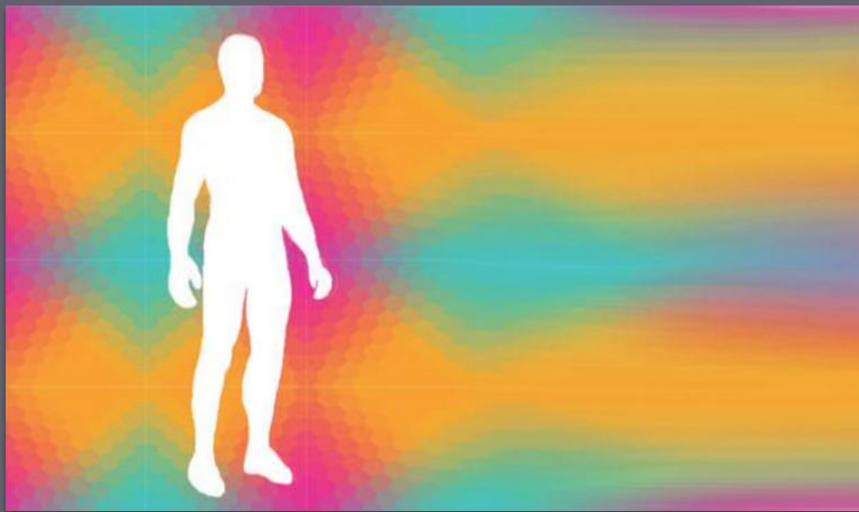
Browsing backup: In reply, author J Oliver provides updates on

<https://www.ncbi.nlm.nih.gov/pubmed/>

# Department of Urology

Make An Appointment Refer A Patient Make A Gift Search

Patient Care & Info Research Education About People News Locations Internal Site



## Gene Profile Helps Predict Response to Postoperative Radiotherapy in Prostate Cancer

For postoperative radiotherapy, refining patient selection could improve outcomes...

[Read more](#)



[Home](#) / [Patient Care & Info](#) / [Cancer](#) / [Prostate Cancer](#)

Cancer

## Prostate Cancer

**Watch Video Series**  
RRP After Surgery

[urolgy.ucsf.edu/news/all/201610/gene-profile-helps-predict-response-postoperative-radiotherapy-prostate-cancer](http://urolgy.ucsf.edu/news/all/201610/gene-profile-helps-predict-response-postoperative-radiotherapy-prostate-cancer)

<http://www.urology.ucsf.edu/patient-care/cancer/prostate-cancer>

# EDUCATION/RESEARCH

## ‘Pharmas’, BioTech, Manufacturers

Goes without saying ..... these are marketing sites – *“Caveat emptor”*



"It sounds fancy, and we don't have to worry about refunds."

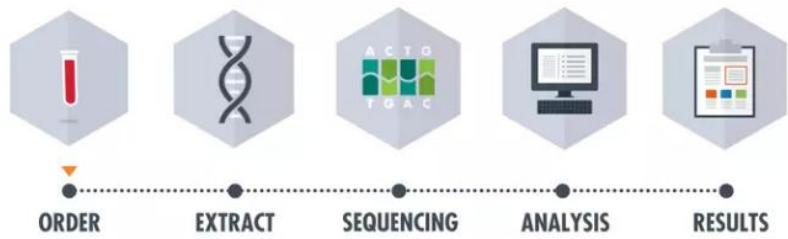
# *EDUCATION/RESEARCH*

**‘Pharmas’, BioTech, Manufacturers**

**BUT – some good, helpful, informative sites:**

- **Foundation Medicine/ Foundation Act’s [liquid biopsy video](#)**
- **Janssen’s [My Prostate Cancer Roadmap](#)**

# FOUNDATION ACT



## Foundation ACT

We created this video for Foundation Medicine to explain their industry-leading liquid biopsy assay.

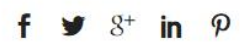
### CLIENT

Foundation Medicine

### CATEGORY

Biotechnology · Business · Healthcare Portfolio

### SHARE THIS

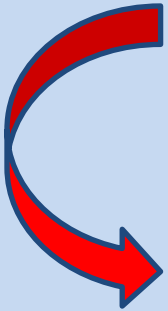




# *EDUCATION/RESEARCH*

## **Clinical Trials**

- [clinicaltrials.gov](http://clinicaltrials.gov)
- [Emerging Meds](#)
- NCCN/NCI Hospitals viz [UCSF](#)
- [UsTOO](#) + Foundation Medicine



This site became the new **ClinicalTrials.gov** on June 19th. [Learn more.](#)

We will be updating this site in phases. This allows us to move faster and to deliver better services.

Show less ▲

**IMPORTANT:** Listing of a study on this site does not reflect endorsement by the National Institutes of Health. Talk with a trusted healthcare professional before volunteering for a study. [Read more...](#)

# ClinicalTrials.gov

A service of the U.S. National Institutes of Health

Saved Studies (0)

[Give us feedback](#)

- [Find Studies](#) ▼
- [About Studies](#) ▼
- [Submit Studies](#) ▼
- [Resources](#) ▼
- [About Site](#) ▼

ClinicalTrials.gov is a registry and results database of publicly and privately supported clinical studies of human participants conducted around the world.

## Search (all fields optional)

**Condition / Disease:**  X

**Other Terms:**  X

**Country:**  ▼ X

[Find a study to participate in](#)

[Search all studies](#)

[Advanced Search](#)

The database currently lists **253,200 studies** with locations in all 50 States and in **200 countries**.

### Recruiting Study Locations



Non-U.S. only (57%)

U.S. only (38%)

Both U.S. and non-U.S. (5%)

44,387 recruiting studies (August 28, 2017)

### More Information

[For Patients and Families](#)

[For Researchers](#)

[For Study Record Managers](#)

[Help](#) | [Studies by Topic](#) | [Studies on Map](#) | [Glossary](#)

<https://clinicaltrials.gov/>

# *INTERACTIVE WRITTEN BLOGS*

## ▪ **Educational PCa Blogs**

- [New Prostate Cancer Infolink](#)
- [Prostate Cancer News](#)

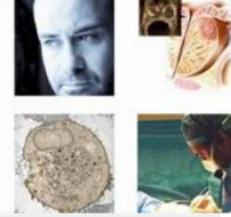
## ▪ **Interactive PCa Blogs**

- [UsTOO Inspire](#) – self moderated
- [Healing Well](#) – moderated
- [JimJimJimJim](#) - moderated
- [Health Unlocked/ Malecare](#) – moderated
- [Cancer Survivors Network / ACS](#) - moderated

- Home
- Ask Questions
- Risk + Prevention
- Diagnosis
- Management
- Tips + Tools
- Site Map

# THE "NEW" PROSTATE CANCER INFOLINK

Offering the most user-friendly and personalized prostate cancer information on the web



Entries RSS | Comments RSS

 Search

Follow The "New" Prostate Cancer InfoLink news blog on [TWITTER](#) or [FACEBOOK](#).

How This Site Works

NEWLY DIAGNOSED?  
CLICK HERE FOR HELP

Visit Our  
SOCIAL NETWORK

Prostate Cancer  
AWARENESS

Scientific  
ADVISORY BOARD

## Father-adult son communication about prostate cancer and prostate cancer risk

Posted on August 28, 2017 by Sitemaster

There has been limited research into what fathers tell their sons (and sons tell their fathers) about prostate cancer and risk for contracting this disorder, and the degree of this risk can be complicated by a variety of factors. [...READ MORE...](#)

Filed under: [Living with Prostate Cancer](#) | Tagged: [communication](#), [father](#), [risk](#), [son](#) | [3 Comments »](#)

## After failure of first-line radiation, both kinds of salvage brachytherapy are equally effective

Posted on August 29, 2017 by Sitemaster

A group of researchers at Memorial Sloan-Kettering Cancer Center (MSKCC) reported in 2014 ([see this link](#)) on the outcomes of 42 patients with radio-recurrent prostate cancer treated with salvage high-dose-rate brachytherapy (SHDR-BT). The results were quite good — [...READ MORE...](#)

Filed under: [Living with Prostate Cancer](#), [Management](#), [Treatment](#) | Tagged: [brachytherapy](#), [high-dose-rate](#), [low-dose-rate](#), [radiation](#), [salvage](#), [SBRT](#), [stereotactic](#) | [Leave a comment »](#)

Donate



## CureTalks on PCA

Our most recent CureTalk on Prostate Cancer (on July 27 this year) featured [Antonio Westphalen, MD, PhD](#), a radiologist at the University of California, San Francisco, and focused on ["Modern imaging techniques in the Diagnosis and management of prostate cancer"](#).

For access to the full list of CureTalks on Prostate Cancer, [please click here](#).

## Disclaimer

News and information provided on this site should not be used for diagnosing or treating any health problem or

Follow

<https://prostatecancerinfolink.net/>

Profile picture of ardeee and navigation icons (home, search, heart, etc.)



Search Us TOO Prostate Cancer [Search Icon]



# Us TOO Prostate Cancer

Us TOO prostate cancer support group & discussion community

**Start A Discussion** (+)  
**Start A Journal Entry** (+)

**REFINE BY**

- Topics**
- Newly diagnosed
  - Treatment options
  - Active surveillance
  - Managing side effects
  - Genomic testing
  - Exercise and nutrition
  - Wives, family, friends and caregivers
  - Prostate cancer and intimacy

Start a discussion: what would you like to talk about today?

Add Photos **Post**

Sort Results By Active ▾

## Us TOO Buffalo Support Group Spreads the Word on Prostate Cancer Testing

**Us\_TOO\_International** Add As Friend Message

Today 1:23 pm Follow Post

Thanks to Bill Krellner, Us TOO Support Group Leader, and his Buffalo support group members for helping to spread the word on prostate cancer

**Go To Top**

**Find Members**

**Community Leaders**

- DanielleD- Message
- Beth Message
- Jackie\_UsTOO Message
- JamesInspire Message
- Katie0919\_Inspire Message
- terriustoo Message
- Us\_TOO\_International Message

<https://www.inspire.com/groups/us-too-prostate-cancer/>

# *INTERACTIVE VIRTUAL SITES*

- **Webinars**

- [CureTalk](#)

- New Prostate Cancer Infolink
    - Answer Cancer Foundation

- [Cancer Care](#)

- [Zero](#)

- [JimJimJimJim](#)

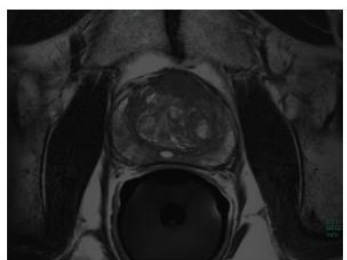
Search here...

# RESULTS FOR 'PROSTATE CANCER'

## Upcoming CureTalks

- Aug. 31, 2017, 6 p.m.**  
Multiple Myeloma: Minimal Residual Disease Testing as ... [Read More](#)
- Oct. 16, 2017, 6 p.m.**  
Changing the conversation about Miscarriages & Understanding ... [Read More](#)

- Topics >
- Our picks >
- Sort by >
- Calendar of events >
- CureTalk Panelists
- Be on a Talk
- Request a Talk



## Modern Imaging Techniques in the Diagnosis and Management of Prostate Cancer

00:00 / 63:06

Multiparametric MRI (mpMRI) is being considered as a game-changer in prostate cancer treatment and management. Our prostate cancer panel of Mike Scott, Tony Crispino, Allen ...

July 27, 2017, 8 p.m. 570 8 Listen



## Living well with Prostate Cancer - Part 2

00:00 / 59:31

We continue our discussion with Dr. Paul Schellhammer on prostate cancer and life thereafter. The prostate cancer panel led by Mike Scott will address how ...

May 30, 2017, 6 p.m. 732 17 Listen



# INTERACTIVE VIRTUAL SITES

## ■ Support Groups

### ■ Live *Written*

#### ■ [Cancer Care](#)

### ■ Live *Spoken/Visual*

#### ■ [Answer Cancer Foundation](#) – peer

#### ■ [JimJimJimJim](#) - peer

#### ■ [CancerCare](#) – professional (NO PCa)

# INTERACTIVE VIRTUAL SITES



## ***Answer Cancer Foundation***

*Home of Virtual Support Groups*

- *High Risk/Recurrent/Advanced PCa*
- *Low Risk/Intermediate PCa*
- *Inner Conversation – Men’s Group*
- *Advanced Cancer Caregivers – All Ca*



- Home
- Who We Are
- What We Do
- Resources
- Nutrition
- Contact Us
- Donate

# ANSWER CANCER FOUNDATION

ADVOCATE

NAVIGATE

'VIRTUAL SUPPORT GROUPS'

WELLNESS

EXERCISE

RESOURCES

*Click on any caption to learn more about Advocacy Efforts, Patient Navigation, Virtual Support Groups, Wellness Programs, Exercise Plans, and other Resources...*



ANSWER CANCER FOUNDATION is a tax-exempt 501(c)3 Corporation  
Tax ID: 81-1588152



<https://www.ancan.org/>

# *INTERACTIVE SOCIAL SITES*



- *Facebook* & now virtual



- *Twitter*

# INTERACTIVE **PCRI** SITE



## **Answer Cancer Foundation**



In the **EXHIBIT HALL** ..... *DON'T MISS*  
our live interactive demonstration of

**'MAN JUNK'**

MAN'S BITS & HOW THEY WORK

# *MISCELLANEOUS GENERAL SITES*

## **Some helpful resource sites:**

- [Caring Bridge](#)
- [Cancer Care](#)
- [Cancer Support Community](#)
- [Cancer Commons](#)
- [Smart Patients](#)

# GETTING ORGANIZED

- Use your Bookmark function
- Set up a filing system – just like a file cabinet
- Heading ‘Prostate Cancer’
  - Sub –Headings
    - Surgery
    - Radiation
    - Active Surveillance
    - Hormone Therapy

Example – my file cabinet ..... [www.ancan.org](http://www.ancan.org)





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<https://ancan.org>

rd@ancan.org

***WITH THANKS & APPRECIATION TO:***



PROSTATE  
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RESEARCH  
INSTITUTE

Helping Men Research Their Options



FOUNDATION  
MEDICINE®