

Prostate Cancer Focal Treatment

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Ancan/ASPI Support Group
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About Me - Disclosures

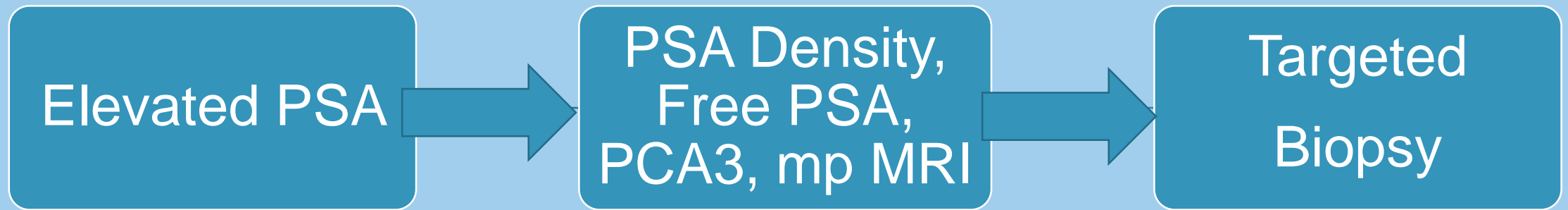
- Not a clinician or attorney, so *no clinical/legal advice is intended*
- Fellow, Society of Actuaries, Healthcare
 - Society's motto: "Substitute facts for appearances ..."
 - Expertise: morbidity and mortality analytics
- Patient, advocate and coach
- Us TOO Board of Directors
- Patient Advocate Liaison (PAL) to the American Urological Association representing all Urological Patients in US
- Journalist for UroToday® covering clinical conferences



Agenda

- I. My Journey
- II. Focal Treatment Options
- III. Q&A

I. My Journey: Diagnosis



After pathology, genomics and second opinion:
3 bi-lateral lesions; Grade Group 1 (GS 6) and
Grade Group 2 (GS 3+4); no spread; genomics

OK

Treatment Options in 2014: Shared Decision-Making

- Got ***diverse opinions*** (not much ***Evidence***): AS, Radiology (imaging), Urology (surgery), and Radiation experts from 3 academic medical centers
- Active Surveillance vs. Whole Gland (surgery/radiation) conundrum
 - Plan A: not a good candidate for Active Surveillance – *Undertreatment*
 - Plan B: not a good candidate for Whole Gland treatment - *Overtreatment*

Standard options were not attractive.

Paradigm Shift: From Whole Gland “*Cure*” to Focal *Control*



My Goals:

- ✓ *Eliminate current lesions*
- ✓ *Maintain Quality of Life*
- ✓ *Preserve future treatment options*

My Journey: Treatment

- Chose Focal Laser Ablation (FLA) at UT Galveston - \$16,000 cash
- Outpatient procedure
- ***No Evidence of Disease and No Side Effects after 6+ years!***
- Surveillance program
 - Monitor PSA, or better biomarkers, every 6 months
 - Mp MRI every 12-24 months & MR Targeted Biopsy as needed
 - Healthy diet, exercise, lifestyle
- Medicare
 - Initially denied claim as "Experimental and Unnecessary"
 - ***ALJ ordered Medicare to cover treatment – 100% reimbursement***

What would FLA patients have done differently?

- 88% - Very little if anything
- 8% - Would skip the TRUS Biopsy
- 2% - Would have more carefully considered which Radiologist
- 1% - Would have continued Active Surveillance
- 1% - Would have had Radical Prostatectomy or Radiation

99% would recommend FLA to a friend.



A Healthcare Actuary's Survey of 100 Focal Laser Ablation (FLA) Patients

John Fortin Atlanta, Georgia September, 2015

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