

**What's the big deal  
about it?**

**Sex and the man on  
active surveillance**

## Active surveillance

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- ◆ Not the same as watchful waiting
- ◆ Deferred or delayed treatment for Pca
- ◆ ACTIVE monitoring (PSA and biopsy)
- ◆ Avoidance of side effects from other treatments

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*For up to 6 years, men on AS report high levels of quality of life*

Lardas et al (2017) Eur. Urol

*Treatment regret in 23% of those who chose RRP or RT (all kinds)*

van Stam et al (2020) Eur. Urol

# Communication with physicians

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Physician recommendation predicts treatment

Scherr et al (2017) Med Decis Making

Rare discussions of sexual interest (12%)

Men preferring active treatment unaware of sexual (23%)  
and urinary (41%) complications Hoffman et al (2018) Psycho-Oncology

Men (53%) prefer to preserve sexual function

Broughman et al (2018) J Natl Cancer Inst

**What are the side effects of AS?**

◆ Anxiety \*

◆ Uncertainty

◆ Pressure from family and friends

◆ Avoidance of treatment regret

◆ Intact sexual function

◆ Intact bladder and bowel function

\* See next slide

## \* **Anxiety**

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- ◆ Loss of desire
- ◆ Erectile problems
- ◆ Orgasm problems
- ◆ Response of partner

# HELLO!

Here is the biggest sex organ





**AGE IS NOT A FRIEND  
TO THE PENIS**

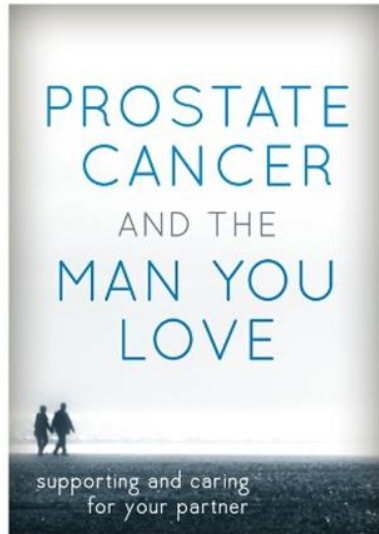


## What is sex anyway?

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- ◆ Touch
- ◆ Masturbation (solo or together)
- ◆ Oral sex
- ◆ Hand jobs
- ◆ Penetration (anal or vaginal)
- ◆ **YOU'LL KNOW IT WHEN YOU EXPERIENCE IT!**

## QUESTIONS AND COMMENTS....



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